

## Notes on Blood Collection

Blood Collection Room, Clinical Laboratory, The University of Tokyo Hospital

To collect blood safely and correctly, please cooperate with the clinical laboratory in performing the following tasks:

### Identity verification

To avoid patient misidentification upon blood collection, we verify the patients' identity by asking them to state their names.



If any of the following applies to you, please report to the hospital staff.

- Do you feel sick during blood collection?
- Are you allergic to any disinfectant or glove (such as latex)?
- Are you undergoing hemodialysis?
- Have you had your breast surgically removed?
- Do you have any request or uncertainty about the blood collection?



For inquiries about the blood collection or other issues, please freely contact the hospital staff.



## Complications Accompanying Blood Collection

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"Blood collection" is basically a safe procedure, in which complications are very rare and mostly mild.

In very rare cases, the following health problems have been reported.

### Uncontrollable Bleeding / Ecchymoma

This is mainly caused by insufficient hemorrhage control after needling. Please apply the tourniquet astringently firmly.

- If you are subject to uncontrollable bleeding, please report it.

### Allergy

Some patients may experience allergic symptoms by the disinfectant, hospital staff's (latex) gloves, or other items used for blood collection.

- If you are allergic to anything, please report it to the hospital staff.

### Nerve Damage

Pain or numbness in fingers persists even long after blood collection.

This is said to occur approximately once in 10,000 to 100,000 injections.

Many such cases are resolved within a week. Most of them are resolved within three months.

### Vasovagal Response

The nerves become excited and the blood pressure drops sharply, leading to dizziness, discomfort, fainting, or other problems.

This tends to occur when the patient is nervous and anxious, even before blood collection.

- If you felt sick during blood collection, please report it.

If such complications occur, we will handle them with the best treatment. (The medical treatment of such complications will be provided as normal medical service covered by health insurance.)

For inquiries about complications, please contact your doctor or the hospital staff in charge of blood collection.



## Notes on "Blood Collection" for Blood Testing

Director of The University of Tokyo Hospital

Director of Clinical Laboratory

Blood is collected for blood testing, which is necessary to diagnose the disease and assess the condition.

At our hospital, "medical technologists" and "nurses" with national certifications draw blood from outpatients under thorough management and with close attention.



However, in some cases, they might not be able to draw the required amount or any blood by one insertion of the blood collection needle.

If such cases, we request the patients to allow the staff to insert the needle into another site.

In some rare cases, blood collection may lead to complications. For details, see "Complications Accompanying Blood Collection".

Please understand these points before you have your blood collected.

Please also understand that patients' cooperation is required for drawing blood smoothly.

For inquiries or any uncertainty, please contact the hospital staff.

